



## **No.1 Camps Recommended Packing List**

### **For the Field**

- Soccer Shoes
- Indoor Training Shoes
- Soccer Shirts
- T-Shirts (no tank tops)
- Soccer Shorts
- Soccer Socks
- Shin Guards
- Warm-Up Gear
- Soccer Ball

### **Personal Items**

- Bed Sheets, Pillow, Blanket  
(Twin Sized)
- Towels
- Toiletries
- Sandals/Flip Flops
- PJs
- Sun Screen and Bug Spray
- Note Book and Pen
- Bathing Suit

### **Goalkeeper Equipment**

- Equipment Bag
- Water Bottle
- Goalkeeper Gloves
- Goalkeeper Jerseys
- GK Padded Shorts
- T-Shirts (no tank tops)
- Warm-Up Pants for Training
- Hat/Sun Visor
- Soccer Ball

### **Optional per Site**

- Coins for Laundry/Detergent
- Coins for Vending Machines